Nutrients per serving

Upside Down Pizza100

Number of Servings: 100 (129.06 g per serving)

Amount	Measure	Ingredient
20.00	lb	Beef, ground, hamburger, pan browned, 10% fat
6 1/2	cup	Onion, white, fresh, chpd
5.00	cup	Tomatoes, puree, cnd
3 3/4	qt	Sauce, spaghetti, traditional, cnd
9 1/2	Tbs	Seasoning, Italian medley
3 3/4	qt	Cheese, mozzarella, low moist, part skim, shredded
20.00	ea	Eggs, whole, raw, Irg
2 1/2	qt	Milk, 1%, w/add vit A & D
9 1/2	Tbs	Oil, canola
2 1/2	qt	Flour, all purpose, white, bleached, enrich
2 1/4	cup	Cheese, parmesan, grated

Saturated Fat 3g	Nutri	tion	ı Fa	cts		
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Instructions

Brown and drain ground beef and onion, place in pans appropriate for cutting into # of 4 1/4"X 2 1/2" servings being prepared. ((9"x13" for 10 sevings)

Spread tomato puree and spaghetti sauce over meat mixture. Sprinkle with salt free Italian herbs and shredded mozzarella cheese.

Mix into a batter: eggs, milk, oil and flour. Pour over meat/sauce/cheese layers and sprinkle with Parmesan cheese. Bake at 400 degrees 20-30 minutes for 10 serving size (larger pans may take longer).

Cut into # of pieces yield of recipe makes. Each piece = 1 serving = 1 Carb Serving

Food Handling:

- Wash hands immediately before engaging in food preparation and again after engaging in any activities that contaminate the hands.
- Single gloves should be used for only one task and then discarded.

Cooking:

- Cook to an internal temperature of 155 F for 15 seconds.

Holding:

 Hold for hot service at an internal temperature of 135 F or higher.

Cooling:

- Cool to an internal temperature of 70 F within 2 hours and cooled to 41 F within 4-6 hours.

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